Leukocyte Depletion of Red Cell Components Prevents Exposure of Transfusion Recipients to Neutrophil Elastase

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Abstract

Background: Polymorphonuclear leukocytes contain a large number of enzymes and bactericidal proteins stored in granules. Neutrophil activation induces degranulation and immediate release of these bioactive substances, including human neutrophil elastase (HNE) also known as elastase-2 (ELA2), which may contaminate whole blood units and blood components. Materials and Methods: The HNE concentration was determined in the supernatants of blood components with a commercial enzyme-linked immunosorbent assay (ELISA). The effect of leukocyte depletion and storage was evaluated by testing whole blood, buffy-coat-reduced, and leukocyte-depleted red cell units. Buffy-coat-derived platelets and plasma were also tested. *Results*: HNE concentrations at day 1 were about 50 µg/l in all types of red cell components with the exception of leukocyte-depleted red cells (<0.26 µg/l). In leukocyte-depleted red cells, platelets and plasma, no significant increase was observed during storage. In whole-blood units and buffy-coat-reduced red cells, the HNE concentrations increased steadily and often exceeded 1,000 µg/l when the units expired. Conclusion: Leukocyte depletion may limit the inadvertent infusion of bioactive substances derived from polymorphonuclear leukocytes, of which HNE is but one example. The accumulation of HNE in buffy-coat-reduced red cells may be greater than that of whole blood units. HNE accumulates during storage and its quantity may have pathophysiologic significance. Platelets and plasma derived from buffy coats contain some HNE, but leukocyte-depleted red cells virtually none. However, we consider the accumulation of HNE in these components not to be clinically important. The quantities, kinetics, and occurrence in various blood components of HNE contamination differ from those observed with cytokines.

Introduction

Many types of blood components are contaminated by bioactive substances derived from leukocytes and platelets. The kinetics of this and the blood components affected vary according to the source of the contamination [1-6]. For example, the contamination by cytokines from lymphocytes is clinically relevant [7, 8]. These cytokines accumulate during the storage of platelets prepared from platelet-rich plasma [9, 10], whereas platelets prepared from buffy coats may be virtually free of them [11]. In contrast to cytokines, which may be active at concentrations of nanograms per liter, enzymes from granulocytes, such as human neutrophil elastase (HNE), are effector proteins by themselves and often

occur in concentrations of milligrams per liter. During intraoperative blood salvage, such amounts of HNE and other granulocyte enzymes were released, and could be removed by washing before retransfusion [12, 13]. In whole blood units, HNE concentrations increased 30-fold during storage and reached 1,500 μ g/l [14-16]. Baseline HNE concentrations were not influenced by filtration through a 40- μ m polyester filter [16]. In whole blood filtered before storage, HNE was significantly lower at days 13 and 21 but did not differ at day 35, compared with unfiltered whole blood [16]. Similar HNE contamination occurs in red cells units [15, 17, 18]. Prestorage leukocyte depletion by filtration prevented HNE accumulation, whereas poststorage filtration with a third-generation polyester filter did not [17]. Granulocyte products other than HNE, such as platelet-activating factor and leukotriene B₄, may also contaminate blood units in amounts of micrograms per liter [13].

HNE [19, 20], also known as elastase-2 (ELA2), makes up at least 5% of the granulocyte dry weight and is found in the dense azurophilic granules of neutrophil granulocytes [21, 22]. It also occurs to some extent in macrophages and endothelial and pancreatic cells. HNE is a general, powerful serine protease enzyme with rather low substrate specificity, hydro-lyzing numerous proteins at neutral pH. After release from neutrophil granules, free HNE is rapidly bound to the α_1 -proteinase inhibitor (formerly called α_1 -antitrypsin) and a smaller fraction to α_2 -macroglobulin, which inhibit all HNE activity in plasma within milliseconds [23]. The complexed HNE [20] has a half-life of 60 min in plasma, and HNE is usually assayed by testing the serum concentration of the HNE/ α_1 -proteinase-inhibitor complex [24]. HNE may damage the host [23] by enzymatic degradation of connective tissue macromolecules, such as collagen and elastin, and many other proteins including coagulation and complement factors.

The release of large quantities of HNE during the early posttraumatic reaction is considered to be a host defense mechanism and is frequently used as an indicator of the systemic inflammatory response [23, 25-27]. The HNE serum concentration increases rapidly within hours of trauma [23, 25, 28-31]. A severe clinical course in patients suffering from multiple trauma correlates significantly with increased HNE concentration [29-31]. In patients who survive or suffer lower grade trauma, HNE tends to decrease within 1 week [23, 28]. HNE was found to correlate with mortality in one study [32], but not in others [31].

Like HNE, other leukocyte products accumulate in the serum of severely injured patients. For example, C-reactive protein [29, 33], interleukin (IL)-6 [31], IL-8 [31], phospholipase A₂ [28, 29, 32], neopterin [28, 29], and C3a [28, 34], have been associated with complications and outcome. Upon neutrophil activation, these bioactive substances may be immediately released by degranulation without de novo synthesis [35-37]. Such mediators are used in clinical studies for patient monitoring, because the activation of polymorphonuclear neutrophils early after trauma is considered to contribute to the systemic inflammatory response [38-40]. The mediators of sensitized leukocytes may enhance host resistance and control infection. They may also depress the function of remote organs and cause tissue injury by a systemic inflammatory response [38, 41]. To classify the severity of injury, leukocyte products may be included in trauma scores, which are of critical clinical importance to guide decisions for diagnostic procedures, therapeutic interventions, or interhospital transfer of trauma patients.

Our study was prompted by the possibility that massive transfusions may be a iatrogenic source of inflammatory mediators from polymorphonuclear leukocytes. We checked HNE as a parameter representing the release of bioactive substances from the granules of neutrophilic granulocytes. We systematically measured the HNE concentrations in the blood components

used in current supportive therapy of, for example, trauma patients. Storage time, white blood cells (WBC), and granulocytes were associated with HNE contamination. Without leuko-depletion, the HNE content in red cell units is considerable and may confound HNE testing in polytransfused patients. The clinical relevance of the inadvertent infusion of large quantities of granulocyte enzymes in critically ill patients is unknown.

Materials and Methods

Preparation of Blood Components

Whole blood (500 ml) was collected from volunteers donors into 70 ml of citratephosphate-dextrose (CPD) stabilizer in primary containers of a 'top and bottom' system made of polyvinylchloride with 2-diethylhexylphtalate (2-DEHP) plasticizer in accordance with the large-scale routine procedures as described previously [11]. Whole blood units were not further processed. To prepare buffy-coat-reduced red cells and plasma, the whole blood was centrifuged (slow acceleration, 0-3,900 g for 4 min and 3,900 g for 12 min; Roto Silenta RP, Hettich, Tuttlingen, Germany) within 18 h. The supernatant (plasma) and the infranatant (red cells) were transferred to integrally attached, secondary satellite containers by using an automatic blood separation device (Optipress 1; Baxter, München, Germany). The buffy-coatreduced red cells were suspended in additive solution (SAG-Mannitol). By filtration of these buffy-coat-reduced red cells with a polyester filter (BPF4-BBSd; Pall, Dreieich, Germany), residual WBC and platelets were removed and leukocyte- and platelet-reduced (filtered) red cell units with additive solution were obtained. Platelets were produced from buffy coats by a soft-spin method [11]. During production and storage, the temperature was maintained at 4 ± 2 °C for red cells and 22±2°C for platelets. Within 18 h of collection, the plasma was separated and immediately flash-frozen then stored at -40 °C for 60 days. WBC and granulocyte counts after preparation were checked with a cell counter (Onyx; Coulter, Krefeld, Germany). For quality control when WBC counts were below the detection limit of the cell counter, routine preparations were visually checked by microscopy in Neugebauer chambers.

In 1996, we produced more than 150,000 buffy-coat-reduced red cell units. For quality control, 153 of these were evaluated at random and found to contain 1.2×10^9 WBC per liter (mean, range: <0.01-10). Of 8,000 leukocyte-depleted red cell units, 48 were checked and contained 5.9 x 10⁵ WBC per liter (range: <0.01-39); of 26,000 platelet units, 167 contained 0.31 x 10⁹ WBC per liter (range: < 0.01-4.4), and of 40,000 plasma units, 66 contained 1.6 x 10^7 WBC per liter (range: < 0.01-10). We studied 10 whole blood units, 10 buffy-coat-reduced and 10 leukocyte-depleted red cell units, 8 platelet concentrates derived from buffy coats, and 11 plasma units. The blood components tested in this study were representative of routine preparations; the only exception were whole blood units, which are not produced for clinical use at our institution, but are not infrequently transfused elsewhere. On the final sampling day, we checked all blood components of this study for bacterial contamination, and by cell counter for leukocyte content. All were sterile after a culture period of at least 15 days.

Sampling Procedure

Before sampling, the units were gently agitated for 5 min. By sterile puncture with a long needle through a latex adapter attached to each blood bag, samples of about 5 ml were drawn at each time point selected. The samples were immediately centrifuged and the supernatant stored frozen at -80 °C in aliquots. Shipment was on dry ice. Aliquots were tested in batches. Testing was performed immediately after thawing of any aliquot.

HNE Determination

HNE [19] (EC 3.4.21.37) was determined in plasma as an HNE/ α 1-proteinase-inhibitor complex by a 'two-site' sandwich enzyme-linked immunosorbent assay (ELISA) (PMN Elastase, 1.12589; Merck, Darmstadt, Germany) [24]. The detection limit was <0.26 µg/l. The reference range was 20-180 µg/l in plasma [42].

HNE Recovery

As control, to prove that a quantitative detection of HNE was possible with our assay system, we added 5,000 ng purified human 32-kD neutrophil elastase-2 enzyme (EC 3.4.21.37, lot No. FA107131443; Merck, Darmstadt, Germany) in 50 μ l 0.9% NaCl to 5 ml samples drawn from each type of blood component at day 1 resulting in a calculated concentration of 1,000 μ g/l. After centrifugation, supernatants were sampled for HNE testing.

HNE Release after Neutrophil Activation

At day 1 we added 100 μ l cytochalasin B (10 mmol; Sigma, St. Louis, Mo, USA) dissolved in dimethylsulfoxide (DMSO) per 100 ml volume of cellular components prewarmed to 37 °C (about 300 ml total volume for red cells and about 70 ml for platelets). After 5 min incubation during agitation, we added 100 μ l of N-formyl-*L*-methionyl-*L*-leucyl-*L*-phenylalanine chemotactic peptide (1 mmol f-MLP in DMSO; Serva GmbH, Heidelberg, Germany) per 100 ml volume. Sampling was done after 5 min incubation during agitation. Additional samples were drawn on day 5 for platelets and on days 10 and 21 for red cells.

Statistics

HNE and WBC concentrations were given as median (range). We performed a statistical analysis by using the two-sided nonparametric Kruskal-Wallis rank sum test with Bonferroni correction for multiple testing.

Results

HNE in Red Cells Preparations

The HNE concentrations in whole blood and buffy-coat-reduced red cells units increased considerably during storage (fig. 1). The baseline HNE concentration was about 50 μ g/l at day 1. The accumulation of HNE was particularly pronounced after day 6. On expiration of the units, the median HNE contamination exceeded 1,000 μ g/l. In contrast, the median HNE contamination of leukocyte-depleted red cell units was below the detection limit of <0.26 μ g/l throughout their storage period.

The HNE contamination appeared to be lower in buffy-coat-reduced red cells compared with whole blood units up to day 21, when the whole blood units expired (table 1). The differences in HNE supernatant concentrations were statistically significant at days 3 and 6 and would appear even more pronounced, if the total HNE amounts were considered, given about 250 ml supernatant (plasma) in whole blood but only about 120 ml in buffy-coat-reduced red cell units (110 ml additive solution and about 10 ml plasma). However, HNE concentrations and even total amounts of HNE in buffy-coat-reduced red cells beyound day 21 may well exceed HNE in whole blood units at expiration day 21. The highest HNE contaminations were frequently in buffy-coat-reduced red cells rather than whole blood.

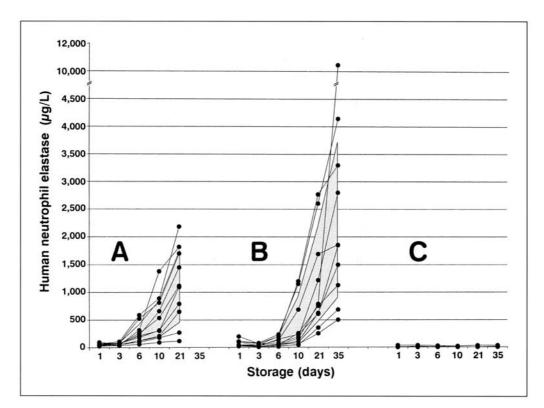


Fig. 1. HNE contamination in the supernatants (plasma or additive solution) of red cell blood components. The supernatant HNE concentrations occurring in three different types of red cell blood units during storage is shown for ten units of each type. Identical units are connected by lines. The supernatant HNE concentrations within the 25–75 percentiles are depicted as gray polygons. A Whole blood units. B Buffy-coat-reduced red cell units. C Leukocyte-depleted red cell units.

Table 1. HNE concentrations (median and range, in parentheses) in the supernatant (plasma or additive solution) of red cell blood components

Red cell blood components	Number	WBC, 10%	HNE, µg/l						
			day 1	day 3	day 6	day 10	day 21	day 35	
Whole blood units	10	5.1 (3.8-12.3)	45 (27-97)	66 (35-109)	221 (58-592)	428 (95-1,384)	1,109 (119-2,185)	ND	
Buffy coat-reduced	10	2.7 (1.1-4.0)	31 (22-201)	37 (13-238) ^a	67 (13-238)b	216 (44-1,203)	772 (360-2,770)	1,852 (505-10,450)	
Leukocyte-depleted	10	<1 (<1)	<0.3 (<0.3-34)	<0.3 (<0.3-34)	<1 (<0.3-24)¢	<0.3(<0.3-18)¢	<0.3 (<0.3-28)°	<0.3 (<0.3-30)	

Statistics were done with the Kruskal-Wallis rank sum test separately for each day with Bonferroni correction for multiple testing (n = 3). ND = Not determined.

 a p<0.05 for whole blood versus buffy coat-reduced red cell units.

 b p<0.01 for whole blood versus buffy coat-reduced red cell units.

c p<0.001 for leukocyte-depleted red cell versus both, whole blood and buffy coat-reduced red cell units.</p>

HNE in Platelet and Plasma Preparations

In buffy-coat-derived platelets and in plasma the median baseline of HNE was about 50 μ g/l at day 1 (table 2). A minimal HNE increase was observed until expiration of the platelets at day 5 and after thawing of plasma that had been stored at -40°C for 60 days.

Blood components	Number	WBC, 109/1	HNE, μg/l			
			day 1	day 5	day 60	
Platelets	8	<1	54 (31-159)	66 (40-186)	ND	
Plasma	11	ND	50 (37-78)	ND	56 (40-90)	

Table 2. HNE concentration (meanand range, in parentheses) in buffycoat-derived platelets and plasma

Recovery of Exogenous HNE

As a control, we tested the recovery after exogenous addition of HNE in one 5-ml sample for each type of blood component (5,000 ng HNE added to 5 ml, final concentration 1,000 μ g/l). The recovery rate was generally greater than 90%. In a whole blood sample, 899 μ g/l versus baseline 27 μ g/l were recovered (buffy-coat-reduced red cells: 916 versus 23 μ g/l; leukocyte-depleted red cells: 966 versus <0.26 μ g/l; platelets 1,035 versus 47 μ g/l; and plasma: 965 versus 51 μ g/l.

Neutrophil Activation and HNE Release Induced by Cytochalasin B and f-MLP in Cellular Blood Components

The addition of cytochalasin B and f-MLP to units at day 1 resulted in an immediate release of HNE but did not prevent the further accumulation of HNE in the supernatant during storage. Whole blood units showed an HNE increase to 184 and 336 μ g/l HNE after stimulation (n = 2; baseline: 52 and 130 μ g/l at day 1) and 2,035 μ g/l (n = 1; baseline 1,933 μ g/l at day 10). In buffy-coat-reduced red cells, the HNE increased to 36 and 211 μ g/l (n = 2; baseline: 6 and 182 μ g/l at day 1) and 304 μ g/l (n = 1; baseline 240 μ g/l at day 10). Further increases of HNE in whole blood and buffy-coat-reduced red cell units at day 21 were minimal (data not shown). Upon stimulation of leukocyte-depleted red cells (day 1: n = 2, days 10 and 21: n = 1) and platelets (days 1 and 5: n = 3), the HNE concentrations increased minimally, if at all (data not shown). Neutrophil activation in plasma units was not tested.

Granulocyte Count in Buffy-Coat Reduced Red Cell Units

In accordance with previous observations [43], the automatic blood separation procedure preferentially removed mononuclear lymphocytes. The majority of residual WBC in our buffy-coat-reduced red cell units were neutrophil granulocytes (median 89%, range: 82-92%, n = 8; reference range in whole blood: 42-75%).

Discussion

We systematically checked the contamination by HNE in the standard blood components frequently used today for transfusion therapy. A prime source of inadvertent exposure of transfusion recipients to HNE are buffy-coat-reduced red cell units. If still used for transfusions, whole blood units would be a similar source of HNE exposure. Platelets and plasma contained low amounts of HNE, not exceeding the normal HNE plasma concentrations of healthy individuals. The median HNE contamination of leukocyte-depleted red cell units was below the detection limit of our assay throughout the storage period.

Sieunarine et al. [14] and Hertfelder et al. [18] demonstrated a >30-fold increase of HNE in whole blood units with mean concentrations of 1,100 µg/l at day 28 and in red cell concentrates. These observations were confirmed in our study showing that the median HNE concentration increased from 45 µg/l 1 at day 1 to about 1,100 µg/l at day 21 in whole blood units. For the clinical practice, the data with buffy-coat-reduced red cell units are relevant, because they contained abundant HNE, like whole blood units during the first 21 days of storage and, at expiration on day 35, perhaps exceeding that of whole blood. The maximum HNE load in buffy-coat-reduced red cell units was about 10 mg/l in 120 ml of additive solution/plasma. This

unexpected degree of contamination may be explained by the observation that the neutrophil granulocyte fraction in buffy-coat-reduced red cell units was high, because the automatic blood separation procedure may preferentially eliminate mononuclear rather than polymorphonuclear leukocytes.

The median HNE contamination in leukocyte-depleted red cell units was below the detection limit of 0.26 μ g/l throughout their storage period. Leukocyte depletion by filtration not only completely prevented HNE accumulation during storage, but the filter may have absorbed naturally occurring HNE from the suspension medium. The mechanism is unknown and may not be effective with all leukocyte depletion filters [15, 17, 44]. Similar effects, however, have been reported for some, but not all, polyester filters with regard to the adsorption of C3a, C5a, IL-8 and RANTES [45]. If HNE-free red cell transfusion is an objective, prestorage leukocyte-depleted red cell units would be a first choice.

Throughout the storage period, HNE in platelets and plasma was within the reference range for plasma concentrations of healthy persons. We did not test whether leukocyte depletion of platelets might eventually reduce their residual HNE contamination. Taking our results with various blood components and reviewing the literature on their contamination by cytokines [3-7, 46] we concluded that the doses, kinetics and types of blood components affected vary considerably as to contamination by mono- and polymorphonuclear leukocyte products (table 3). There appears to be plenty of room for improvement in the production process, once the relevant parameters and efficient procedures are determined. Ample evidence points to the clinical relevance of a better quantification of blood component quality and of its consequences for transfusion therapy.

Recent in vitro and retrospective clinical studies correlated adverse effects with storage time of blood components [47, 48]. Prospective studies often have not confirmed transfusion effects that were claimed in retrospective studies, at least not in regard to their extent [49]. Nevertheless, contamination by leukocyte products is a function of storage time and could explain a less beneficial effect of stored blood components in some transfusion recipients [50]. Elimination of leukocyte products rather than reduction of viable leukocytes may contribute to the beneficial effects of leukocyte depletion [51].

Our findings may have practical implications for transfusion practice, because of the established HNE contamination of standard red cell units. The transfusion of large amounts of HNE may cause increased plasma concentrations in the early post-traumatic (i.e. post-transfusion) period. It may also influence systemic post-injury reactions, effected by HNE alone or in conjunction with other neutrophil granule contents. First, buffy-coat-reduced red cells often carry 0.1-1.0 mg HNE per unit. In patients with severe haemorrhage receiving, for example, 15 red cell units containing 1,800 ml supernatant, nearly all the HNE in the blood samples of the early posttraumatic period is a consequence of emergency transfusion therapy. Infusions of HNEcontaminated wound drainage blood also raises the plasma HNE concentrations in patients [44]. Hence, the plasma HNE may not represent endogenous inflammatory reactions after trauma in patients transfused with HNE-tainted red cells. HNE levels range from 250 to 1,500 µg/l in the early period after severe injury [25, 29, 31, 32, 52] and may be merely a surrogate marker for transfused red cells rather than endogenous neutrophil degranulation. In emergencies, multitransfused patients often receive older red cell units than patients with less transfusions, as in elective surgery. No meaningful interpretation can be derived from HNE laboratory data after massive transfusions. A 'clean' in vivo situation would be better and could be provided by the transfusion of leukocyte-depleted red cells.

Parameter	Cellular source of contamination				
	granulocytes	lymphocytes			
Practical aspects					
Clinical relevance	possible	proven			
Contaminated units	red cells	platelets			
Standard units ^a affected	yes	no			
Kinetics of contamination	delayed, after day 6	rapid, within 5 days			
Prevention of contamination	possible by filtration	often not required ^b			
Effect of storage temperature	+4 °C does not prevent release	+22 °C required for synthesis			
Cellular and immunologic aspects					
Principal bioactive substances	enzymes	cytokines			
Effector molecule	yes	no			
Cellular organelle	granula	endoplasmatic reticulum			
Stored in leukocytes	yes	no			
de novo synthesis required	no	yes			
Mode of contamination	release of stored agent	synthesis (no storage)			
Availability	immediate	after synthesis			
Content	milligrams	nano- to micrograms			

Table 3. Characteristics of endogenous contamination during storage of blood components

^a Buffy-coat-reduced red cell and buffy-coat-derived platelet units.

^b Filtration of platelets produced by the platelet-rich-plasma method, however, may reduce cytokine contamination.

Second, the clinical effect of transfusions containing HNE is open to question, because of the potent proteinase inhibitors in human plasma. We tested the HNE/ α 1-proteinase-inhibitor complex, which does not represent free or active HNE. However, HNE may dissociate from the α_1 -proteinase-inhibitor and bind to α_2 -macroglobulin. This anti-proteinase renders HNE inactive only for large-molecular-weight substrates, whereas most of the HNE activity for low molecular weight substrates remains intact [53]. Transfused proteinase-inhibitor complexes may still affect the protein cascades of the recipient and induce cytokine synthesis. For example, cathepsin G bound to its inhibitor, α_1 -antichymotrypsin, may induce fibroblasts to synthesize IL-6 [54]. Methods specific for HNE activity, e.g. testing the cleavage of *L*-pyroglutamyl-*L*-prolyl-*L*-valine-*p*-nitroanilide peptide substrate [55], have not been applied to check HNE activity in blood components. However, strong binding of HNE and cathepsin G to cell membranes does occur under physiological conditions, leaving both proteases active [56]. We cannot exclude the possibility that some membrane-bound proteases from neutrophils may be present and functionally active in blood components.

Third, we took HNE as one parameter representing a large number of bioactive substances that can be released from the granules of polymorphonuclear leukocytes. These bioactive substances comprise enzymes like cathepsin B, D and G; peroxidase and myeloperoxidase; lysozyme; and proteinase 3. They have an intracellular bactericidal role, to which end the contents of the lysosomes may be tailored, and usually occur only in small quantities outside of leukocytes. However, under pathological conditions, massive release of granule content may promote systemic effects by activating cells or plasma protein cascades [38], making many of these substances prominent effectors in pathological processes. The granule proteins can activate lymphocytes, stimulate the complement system [23], cause platelet aggregation, effect the release of histamine from mast cells [57], and facilitate the production of oxygen free radicals [58]. The observed levels of the HNE in stored blood components clearly indicate that neutrophil degranulation has occurred and implies that other WBC granule content, may be present in the additive solution, and active in vivo, after inadvertent transfusion.

The preparation processes themselves did not seem to cause neutrophil degranulation, because the HNE baseline was identical for all unfiltered blood components and within the normal range of human plasma. The induced degranulation at day 1, and also at day 10, showed that a reservoir of HNE could be released from granules immediately upon appropriate stimulation. A synthesis in red cell units at +4°C was not observed for cytokines [46] and is likewise not expected for HNE. A formal proof of this hypothesis would require further experiments with protein synthesis inhibitors. Because some granulocytes may remain viable during storage and release their granule content in vivo after transfusion, the actual HNE exposed of patients may be greater than implied by the in vitro results.

In the present study we showed, that HNE concentrations may increase more than 50-fold during storage of whole blood and buffy-coat-reduced red cell units. HNE is only one of several enzymes in the granules of neutrophils. Its presence reflects neutrophil degranulation and implies the concomitant contamination by other bioactive substances from polymorphonuclear granules. Inadvertent infusion of HNE/inhibitor complexes and other granular content may induce systemic protein cascades and enhance inflammatory processes in compromised patients who are already at high risk because of their underlying disease, such as severe trauma. Leukocyte depletion is most effective in averting HNE contaminants of granulocyte origin. This prophylaxis would be of prime importance for all patients in need of massive transfusions.

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